

## Wrightington Sports Shoulder Conference 2009 Programme



Thursday 18<sup>th</sup> June: Live Surgery:

13:00-18:00	LIVE SURGERY: Cases TBC	Moderator: Funk & Hearnden
	Cape Town Latarjet	Joe DeBeer (Haines assisting)
	Arthroscopic Stabilisation	Giuseppe Porcellini (Trail
		Assisting)

## Friday 19th June:

8:30-9:00	Registration & Coffee	
	Overhead Athlete	Chairman – Len Funk
9:00-9:20	The injured athlete - Decision Making	Dave Jones
9:20-9:40	Functional Biomechanics of the Overhead athletes shoulder	Anne Cools
9:40-10:10	Clinical Examination of the overhead athlete - Therapists approach – Anne Cools - Surgeons approach – Udi Rath	
10:10-10:20	Imaging of the Overhead athlete	Jonathan Harris
10:20-10:30	Coffee	
		Chairman – John Haines
10:30-10:50	Non-operative treatment	Anne Cools
10:50-11:10	Surgical Treatment (internal impingement, etc.)	Giuseppe Porcellini
11:10-11:30	Post-op Rehabilitation	Jo Gibson
11:30-11:50	Return to Sports Rehab	Nick Grantham
11:50-12:30	Discussion (& Case Study)	
12:30-13:30	LUNCH	
	Strength & Power Athlete	Chairman – Ian Trail
13:30-13:50	Traumatic Labral injuries in the strength athlete (incl. Bony glenoid) - mech. of injury, history & clinical exam & treatment options (decision making)	Ehud Rath
13:50-14:10	Rotator cuff tears in athletes - mech. of injury, history & clinical exam & treatment options (decision making)	Giuseppe Porcellini
14:10-14:30	Pec Major tears - mech. of injury, history & clinical exam & treatment options (decision making)	Len Funk
14:30-14:50	Biceps Pathology in the athlete - mech. of injury, history & clinical exam & treatment options (decision making)	Dan Guttmann
14:50-15:10	Rehabilitation of the Power Athlete	Stuart Cosgrove
15:10-15:30	Discussion	
15:30–16:00	COFFEE	
16:00-16:30	Glenohumeral Arthritis in the Athlete	Joe DeBeer
16:30-17:00	Team Doctors Experience of Beijing Olympics	Mike Loosemore
17:30	DISCUSSION & CLOSE	Chairman – Len Funk

**Saturday 20<sup>th</sup> June:**SATURDAY MORNING – SURGICAL (Lecture Theatre)

	Surgical Techniques (using videos & Alex model)	Chairman – Anthony Hearnden
9:00-9:40	Arthroscopic bony Bankart repair – indications, technique & results	Giuseppe Porcellini
9:40-10:00	AC Joint injuries – Arthroscopic Mumford & AC Joint stabilisation	Joe DeBeer
10:00-10:20	Partial & Full thickness cuff repair – techniques (relevant to athletes)	Dan Guttmann
10:20-10:40	Coffee	
10:40-13:00	Rehabilitation Techniques	
	Anne Cools, Jo Gibson, Nick Grantham, Stuart Cosgrove & Rob Conlon	